

August

2017

Practice Schedule

NATHAN HALE FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Player/ Parent Meeting 6pm (Must Attend) Equipment Handout 3-5	1 Var/Jv: 2-7 Frosh:4-7	2 Var/Jv: 2-7 Frosh:4-7	3 Var/Jv: 2-7 Frosh:4-7	4 Var/Jv: 2-7 Frosh:4-7	5 Var/Jv:9-11 Frosh:9-11
6 OFF	7 Var/Jv: 2-7 Frosh:4-7	8 Var/Jv: 2-7 Frosh:4-7	9 Var/Jv: 2-7 Frosh:4-7	10 Var/Jv: 2-7 Frosh:4-7	11 Var:Scrimmage 6pm JV:Scrimmage 4 pm Frosh:Scrimmage 10am	12 Var:Film 9-10 Frosh: TBD
13 OFF	14 Var/Jv: 3-6:30 Frosh: 3:30-6	15 Var/Jv: 3-6:30 Frosh: 3:30-6	16 Var/Jv: 3-6:30 Frosh: 3:30-6	17 JV @ Sussex Frosh: Sussex Var: 3-4:30	18 Var: Sussex JV/Frosh:Lift	19 Var:Film 9-10
20 OFF	21 Var/Jv: 3-6:30 Frosh: 3:30-6	22 Var/Jv: 3-6:30 Frosh: 3:30-6	23 Var/Jv: 3-6:30 Frosh: 3:30-6	24 JV: Falls Frosh @Falls	25 Var @Falls JV/Frosh:Lift	26 Var:Film 9-10 JV:9-11
27 OFF	28 JV @Tosa East Var: 3:00-6:00 Frosh: 3:30-6	29 Var/Jv: 3-6:30 Frosh: 3:30-6	30 Frosh: Tosa East Var/Jv: 3-6:30	31 Var:Tosa East Frosh/JV: Lift	Film:3:10-5	